

MANLY MINI FESTIVAL OF SAILING

Join in the only regatta in the world in which the crew can win a car EACH!



The Manly Mini Festival of Sailing will be held over two days on January 21st and 22nd 2012 at Manly Yacht Club, Sydney and there are no less than six, yes six, mini cars up for grabs (pictured above with trophy).

The mini regatta is open to all mono hull yachts whose length overall is greater than 6m and less than 11m, so join the Manly Mini Festival of Sailing and prove for once and for all, that size doesn't matter, it's what you do with it over a series of 6 windward leeward type races in northern Sydney Harbour, that counts.

It's from such humble beginnings that many of

the worlds' greatest regatta's were born.

Too long the rock stars and their 100m yachts have been hogging the airwaves. Too many owners have driven away in the car that the crew won. If you have a small yacht then sail up and be counted amongst the greats of this inaugural festival where each member of the crew can walk away with a car prize.

As well as the cars, there is an overall prize of 2 Nights at Pittwater YHA up for grabs along with the coveted Horses Ass Trophy and a variety of crew prizes such as the hotly contested Teabag award for the best foredeck. But best of all is the opportunity to sail into the history books as one

of the founding entrants of the Manly Mini Festival of Sailing.

If you want to be able to say..."I was there when it all started...." then fill out the entry form at http://www.myc.org.au/forms/1112/2011-2012_MiniRegatta_RaceEntry.pdf as soon as possible and send it in to Manly Yacht Club. There is a mini-entry fee of \$35.

Notice of Race can be found at <http://www.myc.org.au/racing/mini/mr.shtml>. A barbecue will be held after racing on Saturday at Manly Yacht Club and a prize presentation after racing on Sunday. For queries or further information contact the race director Chris Stockdale on info@manlysailing.com.au

JOURNAL OF MANLY YACHT CLUB

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MANLY JUNIORS

The juniors program has continued each week in November, with plenty of enthusiasm from the kids, their parents, and our instructor Duncan Bryan. We have been treated to ideal conditions every week: clear skies and 8-15 knot breezes - perfect for aspiring young sailors. Of course, there's much to learn. We've been focusing on:

- efficiently working upwind
- thinking about trim and balance
- tacking and gybing with good control
- simple racing

Everyone in the group is improving at a good rate. In addition to the Saturday sessions, several of the kids and their parents have enjoyed Friday night twilight races.

We've continued to have challenges in getting rescue boats on the water to match our fleet. Sailability and Northside Sailing School have again helped out to fill this gap. The good news is that the club has purchased a RIB as a second rescue boat. A crane will be installed soon, and then we will be able to support 10 junior boats on the water.

Unfortunately Duncan will return to the UK in late January – hence we expect to choose a replacement instructor over the 2 months.

Pleasingly, the program will grow over the Christmas break thanks to a flow of new graduates from the Manly Sailing Term 4 and holiday programs. We will now run additional Saturday sessions over the school holidays, and will start Sunday morning sessions next term. Lighter winds on Sunday mornings should suit new recruits. A coaching fee will be introduced to cover the cost of the instructor for the additional sessions.

Thanks go again to Duncan, the kids and their parents, and the club for its comprehensive support for the program.
Tim Docker



CLUB CHAMPIONSHIP 4



PEPPER TREE

Division 1 Keel TOT HC results Start : 13:36:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	MYC7	Ten Sixty	3:09:45	0.941	2:58:33	0.965	0.947	P Vidler	Radford10.6	1.0	16:45:45	3
2	MYC100	Shear Magic	3:17:35	0.927	3:03:10	0.927	0.925	S EvansM	Adams10	2.0	16:53:35	4
3	AUS1161	Wild Life	3:04:42	1.003	3:05:15	0.992	0.992	B Davis	Etchells	3.0	16:40:42	1
4	MYC12	San Toy	3:09:08	1.003	3:09:42	0.968	0.991	G Radford	Radford12	4.0	16:45:08	2
5	MYC32	Esprit	3:25:50	0.969	3:19:27	0.890	0.952	G Wilkins	Archambault32gs	5.0	17:01:50	5
DNC	AUS4770	Kaotic		0.895				A Crothers	J24	10.0		
DNF	557	Occam's Razor		0.875				D S.Garmston	DuncansonOffshore30	9.0		
DNF	6689	Copernicus		1.021				G Zyner	Radford12	9.0		
DNF	KA16	Pam		0.911				M Walker	International5.5	9.0		
Division 2 Keel TOT HC results Start : 13:26:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	8081	Bella	3:30:10	0.776	2:43:05	0.776	0.783	S McCarthy	Js8	1.0	16:56:10	1
2	5393	Runaway Taxi	3:43:12	0.736	2:44:16	0.731	0.735	M McKenzie	JogRacer	2.0	17:09:12	2
DNC	KA55	Atalanta		0.758				D Harris	J24_2	11.0		
DNC	MYC6	Aida		0.731				B Spence	S80	11.0		
DNE	6361	Czech Mate		0.788				P Dressler	Beneteau361	9.0		
DNF	1152	Bokarra		0.674				I Cameron	Santana22	9.0		
DNF	1255	Melody		0.803				J Nixon	SwansonDart	9.0		
DNF	5830	Cheap Thrills		0.839				B Miflin	Ross830	9.0		
DNF	6295	Ratty Tooy		0.803				I Dennewald	Northshore34	9.0		
DNF	NH1	Old Habits Never Die		0.830				B Shilland	Ritual30	9.0		

ZILZIE TWILIGHTS 5 AND 6



Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Adjusted Finish Time	Elapsed Times
1	MYC157	Lady Canasta	18:11:00	18:11:47	19:36:36	19:36:36	01:24:49
2	MYC10	Pensive	18:27:00	18:27:06	19:39:27	19:39:27	01:12:21
3	MYC1	Aussie Rules	18:10:00	18:10:09	19:39:33	19:39:33	01:29:24
4	MYC100	Shear Magic	18:24:00	18:24:23	19:39:48	19:39:48	01:15:25
5	MYC32	Esprit	18:24:00	18:24:04	19:39:57	19:39:57	01:15:53
6	MYC50	Watershed	18:13:00	18:13:48	19:40:06	19:40:06	01:26:18
7	6510	Poet's Day	18:28:00	18:28:45	19:41:25	19:41:25	01:12:40
8	6421	Pohono	18:21:00	18:21:18	19:41:35	19:41:35	01:20:17
9	1236	Local Hero	18:30:00	18:30:12	19:41:41	19:41:41	01:11:29
10	MYC12	San Toy	18:30:00	18:30:10	19:41:48	19:41:48	01:11:38
11	6295	Ratty Tooley	18:15:00	18:15:19	RAF	19:41:51	#VALUE!
12	169	Palga	18:10:00	18:10:58	19:42:17	19:42:17	01:31:19
13	MYC24	J-Curve	18:14:00	18:14:15	19:42:18	19:42:18	01:28:03
14	MYC25	Topaz	18:12:00	18:12:29	19:43:21	19:43:21	01:30:52
15	1152	Bokarra	18:11:00	18:11:24	19:43:58	19:43:58	01:32:34
16	NH555	Gramarye	18:02:00	18:02:24	19:44:07	19:44:07	01:41:43
17	NH14	Hagar IV	18:13:00	18:12:57	19:39:14	19:44:17	01:26:17
18	1620	Kryptonite	18:12:00	18:12:20	19:44:21	19:44:21	01:32:01
19	MYC7	Ten Sixty	18:25:00	18:24:53	19:39:22	19:44:29	01:14:29
20	MYC33	Lautrec	18:14:00	18:14:51	19:44:34	19:44:34	01:29:43
21	MYC5	Eos	18:11:00	18:11:37	19:44:48	19:44:48	01:33:11
22	MYC6	Aida	18:12:00	18:12:27	19:44:53	19:44:53	01:32:26
23	73	Top Odds	18:11:00	18:11:58	19:46:48	19:46:48	01:34:50
24	AUS4436	Okavango Delta	18:21:00	18:20:56	19:42:01	19:47:05	01:21:05
25	MYC79	Pompadi	18:10:00	18:10:44	19:49:10	19:49:10	01:38:26
26	MYC9	Beausoleil	18:04:00	18:04:59	19:49:18	19:49:18	01:44:19
27	5393	Runaway Taxi	18:17:00	18:17:05	19:50:07	19:50:07	01:33:02
28	MYC28	Kestrel II	18:00:00	18:00:42	19:51:47	19:51:47	01:51:05
29	MYC27	Esra Tew	18:01:00	18:00:58	19:46:47	19:51:49	01:45:49
30	MYC34	Sip Ahoy	18:18:00	18:23:33	19:52:02	19:52:02	01:28:29



THE CREW OF LAUTREC WERE ONE OF THE LUCKY WINNERS - THANK YOU TO FAIRLIGHT GOURMET MEATS FOR SPONSORING OUR FRIDAY NIGHT MEAT RAFFLE.

Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Adjusted Finish Time	Elapsed Times
1	NH555	Gramarye	18:01:00	18:01:44	18:56:58	18:56:58	00:55:14
2	MYC5	Eos	18:10:00	18:10:18	18:59:06	18:59:06	00:48:48
3	MYC9	Beausoleil	18:02:00	18:04:01	18:59:23	18:59:23	00:55:22
4	MYC6	Aida	18:10:00	18:10:07	19:00:37	19:00:37	00:50:30
5	73	Top Odds	18:09:00	18:10:15	19:01:26	19:01:26	00:51:11
6	MYC24	J-Curve	18:14:00	18:14:10	19:03:19	19:03:19	00:49:09
7	1152	Bokarra	18:10:00	18:10:11	19:03:27	19:03:27	00:53:16
8	MYC34	Sip Ahoy	18:16:00	18:16:16	19:03:44	19:03:44	00:47:28
9	MYC25	Topaz	18:11:00	18:11:16	19:05:30	19:05:30	00:54:14
10	1620	Kryptonite	18:11:00	18:10:58	19:00:45	19:05:47	00:49:47
11	557	Occam's Razor	18:18:00	18:19:33	19:06:07	19:06:07	00:46:34
12	169	Palga	18:10:00	18:09:35	19:01:01	19:06:26	00:51:26
13	MYC7	Ten Sixty	18:24:00	18:24:19	19:07:07	19:07:07	00:42:48
14	MYC32	Esprit	18:24:00	18:24:07	19:07:50	19:07:50	00:43:43
15	MYC37	Moonraker	18:16:00	18:16:51	19:08:34	19:08:34	00:51:43
16	MYC100	Shear Magic	18:26:00	18:26:07	19:09:11	19:09:11	00:43:04
17	4863	Two Can	18:24:00	18:24:37	19:09:15	19:09:15	00:44:38
18	MYC10	Pensive	18:33:00	18:33:09	19:13:22	19:13:22	00:40:13
19	1236	Local Hero	18:30:00	18:30:03	19:16:13	19:16:13	00:46:10





CHECK YOUR Y.A. SILVER CARD

There were a number of "mix ups" at Yachting Australia when the current Silver Card was issued to financial members of Manly Yacht Club for the current sailing season. I know how easy it is to slip the YA card into your wallet without looking at the detail, however if you find that the card you have, belongs to another club member, can you forward the card (and letter if you kept it) back to Manly Yacht Club and we will send a bulk mail to YA for correction.

Apparently the letters accompanying the cards had the correct details for the member but the actual card was for someone else. Also check the date of the card to make sure it is for the current season i.e. to September 2012.

And, NO, the computer didn't "mix up" – as with most things when a computer is blamed, it is usually human error – garbage in, garbage out.

UPCOMING COURSES AT MANLY SAILING

MANLY SAILING will be holding the following courses in February.



BOAT LICENSE COURSE \$295 PP

This is a 1 Day Course to be held at Manly Yacht Club and will involve both theory and practical elements as well as the exam. on completion of the training you will be given a course completion certificate which you can take to NSW Maritime to get your Boat Licence

SPINNAKER COURSE \$495 PP

This is a two day course consisting of three lessons of three hours and one spinnaker race. This is a Yachting Australia National Keelboat Scheme certified course.

If you are interested in either course please contact Anne at Manly Sailing
Manly Sailing, Ground Floor Manly Yacht Club, 02 9977 4000, info@manlysailing.com.au, www.manlysailing.com.au

OFFSHORE SERIES - 3 ISLANDS RACE

Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd	
1	MYC12	San Toy	2:55:09	1.004	2:55:51	1.032	1.013	G Radford	Radford12	1.0	14:00:09	2	
2	MYC7	Ten Sixty	3:06:03	0.956	2:57:52	0.972	0.961	P Vidler	Radford10.6	2.0	14:11:03	6	
3	6776	Dances With Waves	2:52:34	1.038	2:59:08	1.047	1.041	J Thomas	BeneteauFirst40.7	3.0	13:57:34	1	
4	1236	Local Hero	2:56:41	1.023	3:00:45	1.023	1.023	P Mosely	Sydney36		14:01:41	3	Yes
5	MYC32	Esprit	3:06:05	0.985	3:03:18	0.971	0.979	G Wilkins	Archambault32gs	4.0	14:11:05	7	
6	MYC10	Pensive	3:03:12	1.012	3:05:24	0.987	1.004	B Davis	Nsx38	5.0	14:08:12	5	
7	6689	Copernicus	2:57:13	1.047	3:05:33	1.020	1.041	G Zyner	Radford12	6.0	14:02:13	4	
8	7888	Manhattan	3:20:37	0.950	3:10:35	0.901	0.894	S Coleman	Beneteau37		14:25:37	8	Yes
9	MYC37	Moonraker	3:59:29	0.806	3:13:01	0.755	0.767	T M Watson	Beneteau37	7.0	15:04:29	10	
10	6730	Moya	3:27:04	0.936	3:13:49	0.873	0.916	S Watson	Northshore38	8.0	14:32:04	9	



PRESIDENT'S REPORT

Adrian and Kirsty Solti along with their family who have been looking after the shop for a couple of years are off to a new life in Brisbane with Adrian flying in and out to a new job in the Pilbara.

On behalf of everyone who has had a cold beer or drink from the shop in this time I wish them all the best and thank them for their efforts. This does mean we are looking for someone to help with ordering supplies and restocking the fridges after each race. If you can help please give me a call on 0417 412 305 or email me on ian@ austekmodels.com.au.

Peter Robinson, our building and maintenance director is asking for volunteers to help with some smaller jobs that need doing around the building and is putting together a team of people to help on Tuesday mornings with tasks such as painting and minor repairs. We are also after someone with a small welder to help install some

steel mesh; this can be done any time. If you can help please give Peter a call on 0410 896 413 or drop him an email on perobinson@optusnet.com.au. Thanks also to Peter, Leslie, and all the members who came to the last working bee on what was a terrible day weather wise, a great deal was achieved including the new blinds in the foyer and Murray Bailes and his gurney managed to clean most of the deck and BBQ area.

There must be something in the air as a number of our members have just been married or are about to be. Congratulations to Mark and Jackie from Esra Tew, Iain Cameron and Marcia, Michael Houlihan and Alison. If I have missed anyone please send in a photo and we can include you in the next edition of what may become MYC Brides.

I was at the club a couple of Saturdays ago and it was a great sight to see all the Optimist and PJ dingys rigged on the deck waiting to go into the water, the sailability boats

and personnel all sailing into and out of the pontoon and a couple of larger yachts on the hold off buoys. To all those involved with the juniors and sailability congratulations and thank you for putting smiles on so many faces.

That's it from me, I would like to wish all our members and friends a very merry and safe Christmas, and again thank all the hardworking members and their families who contribute so much to making MYC work.

For those of you lucky enough to be heading away have a safe and relaxing holiday, if you are heading to Pittwater keep an eye out for other MYC boats as last year there were several of our boats lurking in the bays and marinas.

Merry Christmas
Ian D.



Me at the 'apres CC' Santa Pub Crawl in aid of Stewart House



MAYDAY MAYDAY MAYDAY MAYDAY

WE ARE LOOKING FOR A PLACE TO STAY

AS FROM THE 23TH OF DECEMBER

We are a Dutch couple of 59 and 57, enthusiastic MYC members but most of all looking for a furnished house, apartment or unit from December 23 for several weeks up to 4 months.

As experienced home-exchangers we know what it is to live in or look after someone else's house. So if you would like to have your home looked after while on summer holiday or if you know someone who is looking for house-sitters, pet carers, short-time tenant, et cetera, please contact us. We are willing to pay rent of course.

0424651671 or josenkees@hotmail.com.

Thanks,
Kees and Jos



YACHT FOR SALE
Duncanson Offshore 30
Occam's Razor
Proven MYC performer
\$59,000 ono
Call David Fairclough
0413 468 810

MYC MATCHES

IAIN AND MARCIA'S WEDDING



Mr and Mrs Cameron. Iain and Marcia were married on the 4th of December 2011.

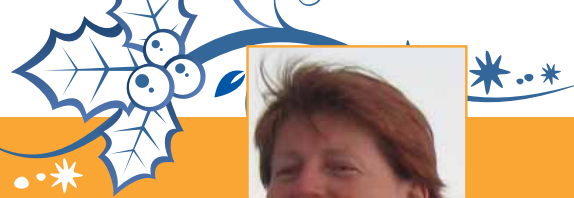
MARK AND JACKIE'S WEDDING



Yes - it's an Esra Tew wedding cake



Goodness knows what they are doing with that giraffe so it's another caption competition... What is the president saying?



COMMODORE'S REPORT

It's coming up to Christmas really quickly and the year has rushed passed. We have had some good racing so far.

The Three Islands offshore race had a good turnout and was a pretty fast race. Copernicus culled its spinnaker wardrobe with yet another blown out kite, having "blown" the blue and white spinnaker the week before. At least these spinnakers are no longer a threat in the Sydney to Hobart on Boxing Day – hope you have a few spares, Greg. A pleasant evening back on the deck for the presentation completed a pretty good day – oh yes, now I remember why ... San Toy got the win, but not the moral victory which went to Dances with Waves who were first across the line. Congratulations to all who participated.

A few reminders...The Christmas Race and BBQ is on the 18th December. If you are not racing but want to enjoy the company of your fellow club members, bring you family to the club; and some food and drink and celebrate Christmas with us. If you are racing, don't forget to dress up – Race Director Alex has promised some "fabulous" prizes. Please let us know you are racing though – so that we can

give you the appropriate handicap.

As you will all be aware, the Mini Regatta in September was abandoned due to the atrocious weather. This Mini Regatta MR-1 has now been rescheduled to run on the same weekend as MR-2 – the weekend 21-22 January. Anne and Chris have come up with a Manly Mini Festival of Sail – with advertising in international media; we have a race committee organised for both days – so now it's up to you to enter this inaugural event.

As there is no newsletter in January, I'd like to take this opportunity to remind you that the first race in the New Year is Zilzie Twilight Race 10 on Friday 6th January 2012. So how are you going in the point score so far? Drop 2 races from the spring series ... are you looking good? There are 2 drops in the summer series (races 10 to 20) to go.

The MYC Australia Day Regatta on Thursday 26th January 2012, held in competition with the main event at the other end of the harbour, will again attract Sailability entries from several clubs this year. So if you can't make it to the main harbour to watch the

festivities, hang around Manly and watch the colourful sails scoot around Manly Cove.

Thank you all who contributed to the success of 2011. Please let me encourage you all to continue making this club the friendly and successful club that it is. Thanks particularly to Carole Orbell, our newsletter editor, for producing such a wonderful publication, and to Ken Terrans, our man behind the web – and our unofficial photographer – for the web updates and the great photos in the gallery.

If you are boating over the holiday period, I'd like to remind you all to keep a good lookout on the water, especially if you intend travelling at night. I want to see you all back racing in the New Year.

On behalf of the Sailing Committee I would like to wish you all a safe and joyous Christmas and bright prospects for the coming year.

Safe Sailing!

Maz

CLUB CHAMPIONSHIP 5



PEPPER TREE

Division 1 Keel TOT HC results Start : 13:00:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	KA16	Pam	2:59:45	0.911	2:43:45	0.954	0.917	M Walker	International5.5	1.0	15:59:45	4
2	MYC100	Shear Magic	3:01:44	0.925	2:48:06	0.943	0.926	S EvansM	Adams10	2.0	16:01:44	5
3	AUS160	Kaotic	3:10:35	0.895	2:50:34	0.899	0.900	A Crothers	J24	3.0	16:10:35	8
4	MYC32	Esprit	2:58:21	0.961	2:51:24	0.961	0.957	G Wilkins	Archambault32gs	4.0	15:58:21	2
5	MYC7	Ten Sixty	3:03:50	0.947	2:54:05	0.932	0.941	P Vidler	Radford10.6	5.0	16:03:50	7
6	557	Occam's Razor	3:21:46	0.875	2:56:33	0.849	0.868	D S.Garmston	DuncansonOffshore30	6.5	16:21:46	9
6	AUS1161	Wild Life	2:56:33	1.000	2:56:33	0.971	0.982	B Davis	Etchells	6.5	15:56:33	1
8	6689	Copernicus	2:58:59	1.013	3:01:19	0.958	1.005	G Zyner	Radford12	8.0	15:58:59	3
9	MYC12	San Toy	3:02:40	1.000	3:02:40	0.938	0.979	G Radford	Radford12	9.0	16:02:40	6
Division 2 Keel TOT HC results Start : 12:50:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	1152	Bokarra	3:03:23	0.674	2:03:36	0.725	0.686	I Cameron	Santana22	1.0	15:53:23	7
2	5393	Runaway Taxi	2:53:56	0.735	2:07:50	0.765	0.742	M McKenzie	JogRacer	2.0	15:43:56	3
3	1255	Melody	2:45:40	0.803	2:13:02	0.803	0.794	J Nixon	SwansonDart	3.0	15:35:40	1
4	6361	Czech Mate	2:55:28	0.788	2:18:16	0.758	0.779	P Dressler	Beneteau361	4.0	15:45:28	4
5	6295	Ratty Tooy	2:52:56	0.803	2:18:52	0.769	0.791	I Dennewald	Northshore34	5.0	15:42:56	2
6	NH1	Old Habits Never Die	2:56:22	0.830	2:26:23	0.754	0.822	B Shilland	Ritual30	6.0	15:46:22	5
7	8081	Bella	3:09:42	0.776	2:27:12	0.701	0.765	S McCarthy	Js8	7.0	15:59:42	8
8	5830	Cheap Thrills	2:57:30	0.839	2:28:55	0.749	0.820	B Miflin	Ross830	8.0	15:47:30	6
DNC	KA55	Atalanta		0.758				D Harris	J24_2	11.0		
DNF	MYC6	Aida		0.731				B Spence	S80	10.0		



MANLY YACHT CLUB CHRISTMAS PARTY



Overboard at Christmas



Sunday the 18th of December

Watch the sun set over another year of great sailing from the top deck of your club.

11 am

Free Race Entry – Non Spinnaker; handicap start,

1 pm

Post Race Party and Barbeque for all family and friends – BYO BBQ supplies and drinks as well as friends, family, crew, and anyone else.

Think you've got the gaudiest sleigh? - Prizes awarded to the crew who've gone the most "Overboard at Christmas".

See the Manly Yacht Club website (www.myc.org.au) for:

Entry Form

NOR and SI's

Crew Finder / Boat Finder

Questions, queries, or comments - Call Alex Seja or his little helpers on 0411 377 292 or email alexseja@floritecoatings.com.au



Suite 308, 39 East Esplanade,
Manly NSW 2095
www.icontactoptometrist.com.au

Summer is here - Find out How to Get Rid of Your Glasses or Contact Lenses to Enjoy Sailing and Beach Life Even More! And it's not refractive surgery, but a sustainable technique called Ortho-K.

Call icontact Manly optometrist now to find out more and receive a full eye examination including an assessment for your Ortho-K suitability at no cost to you. Please call 02 9977 2554 now to book in your appointment before Christmas.

WHAT IS PTERYGIUM AND HOW CAN YOU PREVENT IT?

Some fabulous information from icontact Manly optometrist on how to keep your eyes healthy over summer.

WHAT IS A PTERYGIUM?

A pterygium (pronounced te-ri-gi-um) is a triangular-shaped lump of tissue which grows from the conjunctiva (the thin membrane that covers the white of the eye) on to the cornea (the clear tissue covering the coloured part of the eye).

Pterygia (plural) can occur in one or both eyes, usually on the side of the eye closest to the nose. A pterygium is a benign tumour.

What are the causes of pterygium?

The exact causes of pterygia are not known, but they are strongly associated with exposure to ultra-violet light entering the eye from the side. Pterygia are relatively common in people who spend a lot of time in the sun and are involved in outdoor watersports such as sailing and surfing, for example.

ARE PTERYGIA DANGEROUS?

Pterygia are not dangerous, although they can look ugly and cause discomfort. The main problem with a pterygium is that as it grows on the cornea it distorts it and can interfere with vision. Make sure you get it checked by an optometrist to make sure that it is not something more serious.

HOW CAN YOU TREAT PTERYGIA?

In cases where the pterygium is not actively growing on the cornea, protecting the eyes from ultraviolet light and building up the tear film will often stabilise its growth. Do your regular check ups with an optometrist to make sure it remains stable.

In cases where the pterygium is actively growing onto the cornea and

threatening to distort vision, surgical removal may be required. Don't fear, usually this is the treatment of last resort. Best speak to an optometrist as he/she can tell you how to best look after your pterygium.

HOW CAN YOU PREVENT PTERYGIA?

The best way to reduce your risk of developing a pterygium is to protect your eyes from ultraviolet light. Wearing wrap around sunglasses with high UV protection from a young age is recommended.

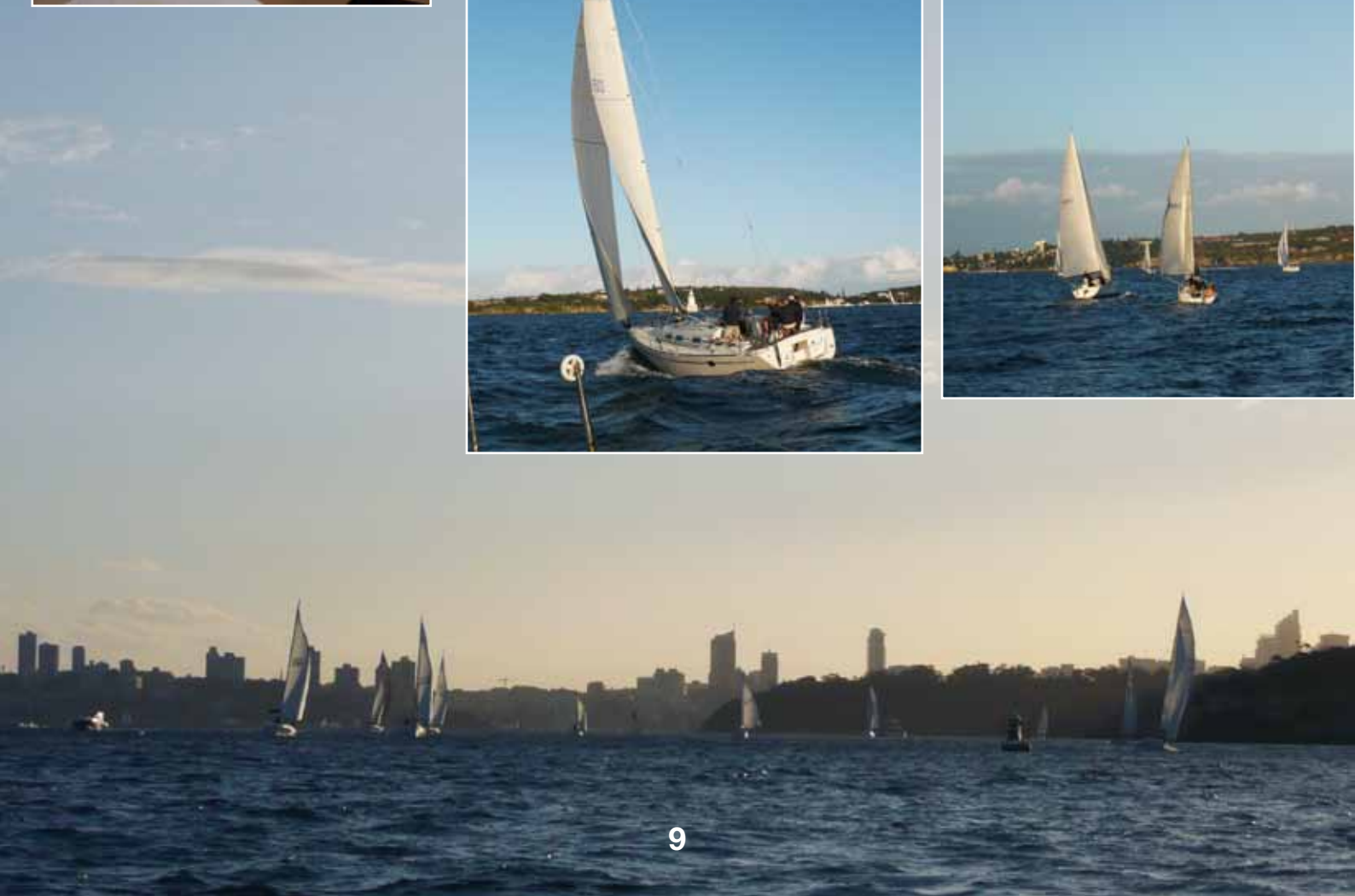
If you'd like more information about pterygium, on how to prevent or treat it, please call icontact Manly optometrist on 9977 2554.

By Bettina from icontact Manly optometrist

TWILIGHTS 7



Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Elapsed Times
1	73	Top Odds	18:09:00	18:09:21	19:26:50	01:17:29
2	1620	Kryptonite	18:10:00	18:10:27	19:28:13	01:17:46
3	MYC7	Ten Sixty	18:23:00	18:23:52	19:28:35	01:04:43
4	557	Occam's Razor	18:17:00	18:18:20	19:29:13	01:10:53
5	MYC100	Shear Magic	18:24:00	18:24:51	19:30:55	01:06:04
6	MYC28	Kestrel II	18:00:00	18:01:17	19:31:00	01:29:43
7	MYC6	Aida	18:12:00	18:12:34	19:31:20	01:18:46
8	MYC1	Aussie Rules	18:14:00	18:14:40	19:31:35	01:16:55
9	6510	Poet's Day	18:28:00	18:28:17	19:31:48	01:03:31
10	2306	Twilight Express	18:24:00	18:25:13	19:32:30	01:07:17
11	7888	Manhattan	18:19:00	18:19:15	19:32:32	01:13:17
12	MYC34	Sip Ahoy	18:16:00	18:16:30	19:32:35	01:16:05
13	4863	Two Can	18:22:00	18:22:31	19:33:09	01:10:38
14	MYC24	J-Curve	18:14:00	18:14:19	19:33:17	01:18:58
15	MYC10	Pensive	18:31:00	18:31:07	19:33:34	01:02:27
16	6295	Ratty Tooley	18:15:00	18:16:10	19:34:35	01:18:25
17	6776	Dances with Waves	18:34:00	18:34:16	19:35:42	01:01:26
18	MYC25	Topaz	18:11:00	18:11:45	19:35:57	01:24:12
19	6361	Czech Mate	18:17:00	18:17:19	19:36:27	01:19:08
20	MYC5	Eos	18:16:00	18:16:31	19:36:44	01:20:13
21	MYC79	Pompadi	18:08:00	18:08:25	19:38:24	01:29:59
22	MYC37	Moonraker	18:14:00	18:14:36	19:38:42	01:24:06
23	6867	Euphoria	18:20:00	18:20:04	19:38:52	01:18:48
24	1152	Bokarra	18:10:00	18:10:14	19:39:56	01:29:42
25	MYC9	Beausoleil	18:06:00	18:07:21	19:40:41	01:33:20
26	MYC33	Lautrec	18:13:00	18:24:30	19:44:09	01:19:39



SUMMER SERIES 3

Div	Sail No	Boat Name	Boat Type	Helm	Start Time	Start	Late	Finish	Penalty	Elapsed	D1 Place	D2 Place
1	MYC7	Ten Sixty	Radford 10.6	Ian Green	12:56:00	12:56:16	0:00:16	15:17:18		2:21:18	1	X
1C	MYC32	Esprit	Archambault 32	Greg Wilkins	13:03:00	13:03:04	0:00:04	15:17:40		2:14:40	2	X
1	6776	Dances with Waves	Beneteau 40.7	Jim Thomas	13:12:00	13:12:18	0:00:18	15:18:35		2:06:35	3	X
1	2306	Twilight Express	Adams 10	Xavier Decomps	12:53:00	12:53:20	0:00:20	15:18:48		2:25:48	4	X
1	MYC12	San Toy	Radford 12	Graham Radford	13:06:00	13:06:03	0:00:03	15:23:22		2:17:22	5	X
1	6689	Copernicus	Radford 12	Greg&Leanne Zyner	13:06:00	13:06:21	0:00:21	15:23:32		2:17:32	6	X
1	MYC100	Shear Magic	Adams 10	Steffens/Evans/Sullivan	12:55:00	12:55:22	0:00:22	15:24:51		2:29:51	7	X
1	6421	Pohono	Bavaria 41	M McCormick/A Williams	12:40:00	12:40:21	0:00:21	DNF				X
1	7888	Manhattan	Oceanis 37	Stephen Coleman	12:48:00	DNC						X
Div	Sail No	Boat Name	Boat Type	Helm	Start Time	Start	Late	Finish	Penalty	Elapsed	D1 Place	D2 Place
2	MYC34	Sip Ahoy	Northshore 340	Murray Bailes/Martin Nix	12:56:00	12:56:29	0:00:29	15:07:21		2:11:21	X	1
2	MYC33	Lautrec	Passage 33	Lee Ebeling	12:54:00	12:54:44	0:00:44	15:08:30		2:14:30	X	2
2	1255	Melody	Swanson Dart	Ivana Gattagno	13:05:00	13:05:11	0:00:11	15:09:09		2:04:09	X	3
2	6361	Czech Mate	Beneteau 36	Phil Dressler	12:58:00	12:58:23	0:00:23	15:09:31		2:11:31	X	4
2	MYC5	Eos	Brittany Sloop	Brian Wilson	12:55:00	12:55:22	0:00:22	15:07:53	0:05:00	2:17:53	X	5
2	79	Pompadi	Catalina 309	Steve Frith/John O'Brien	12:44:00	12:44:12	0:00:12	15:14:18		2:30:18	X	6
2	2035	Blue-E	Endeavour 24	Grant Iverson	12:44:00	12:44:13	0:00:13	15:15:37		2:31:37	X	7
2	6295	Ratty Tooev	Northshore 340	Ian Dennewald	13:01:00	13:01:29	0:00:29	15:16:03		2:15:03	X	8
2	MYC6	Aida	S80	Bill Spence	12:54:00	12:54:55	0:00:55	15:17:03		2:23:03	X	9
2C	1152	Bokarra	Santana 22	Colin Cameron	12:46:00	12:46:13	0:00:13	15:18:20		2:32:20	X	10
2	MYC28	Kestrel II	H28	Jeff Lea	12:30:00	12:30:53	0:00:53	15:20:16		2:50:16	X	11
2	MYC27	Esra Tew	Northshore 27	Jackie Morgan	12:42:00	DNC		DNF				X
2	MYC820	Good Intent	Clansman 30	Peter Bennell	12:48:00	DNC						X
2	NH1	Old Habits Never Die	Ritual 30	Brian Shiland	13:06:00	DNC						X



Summer Series starters concentrating hard.



TWILIGHTS 8

Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Adjusted Finish Time	Elapsed Times	comments
	AUS4436	Okavango Delta	18:19:00	18:19:04	19:38:28	19:38:28	1:19:24	
	MYC24	J-Curve	18:13:00	18:13:09	19:42:26	19:42:26	1:29:17	
	MYC25	Topaz	18:10:00	18:10:22	19:42:33	19:42:33	1:32:11	
	AU135	Boudicea	18:17:00	18:17:59	19:43:46	19:43:46	1:25:47	
	1152	Bokarra	18:08:00	18:08:22	19:45:03	19:45:03	1:36:41	
	MYC7	Ten Sixty	18:27:00	18:27:03	19:45:14	19:45:14	1:18:11	
	2306	Twilight Express	18:24:00	18:24:30	19:45:15	19:45:15	1:20:45	
	1236	Local Hero	18:28:00	18:31:59	19:48:47	19:48:47	1:16:48	
	MYC10	Pensive	18:30:00	18:30:45	19:48:54	19:48:54	1:18:09	
	6510	Poet's Day	18:28:00	18:29:34	19:48:55	19:48:55	1:19:21	
	MYC33	Lautrec	18:11:00	18:11:42	19:49:36	19:49:36	1:37:54	
	6295	Ratty Tooev	18:14:00	18:14:00	19:49:40	19:49:40	1:35:40	Closest to start
	MYC100	Copernicus	18:31:00	18:34:55	19:55:02	19:55:02	1:20:07	
	6689	Eos	18:14:00	18:15:14	19:58:10	19:58:10	1:42:56	
	4863	Two Can	18:21:00	18:20:12	20:00:08	20:00:08	1:39:56	Early
	6776	Dances with Waves	18:33:00	18:32:53	20:01:22	20:01:22	1:28:29	Early
	MYC5	Aida	18:12:00	18:12:14	20:02:18	20:02:18	1:50:04	
	MYC34	Top Odds	18:17:00	18:17:46	20:04:34	20:04:34	1:46:48	
	MYC6	Watershed	18:13:00	18:14:15	20:04:47	20:04:47	1:50:32	
	73	Pohono	18:21:00	18:21:21	20:05:02	20:05:02	1:43:41	
	MYC50	Good Intent	18:10:00	18:10:40	20:05:57	20:05:57	1:55:17	
	6421	Manhattan	18:19:00	18:19:13	20:07:23	20:07:23	1:48:10	
	MYC820	Runaway Taxi	18:15:00	18:15:03	20:07:58	20:07:58	1:52:55	
	7888	Euphoria	18:18:00	18:18:11	20:09:22	20:09:22	1:51:11	
	5393	Palga	18:09:00	18:10:38	20:12:24	20:12:24	2:01:46	
	6867	Beausoleil	18:04:00	18:04:40	20:14:19	20:14:19	2:09:39	
	169	Shear Magic	18:24:00	18:24:39	19:50:30	DNF	1:25:51	Did not cross line
	MYC9	Sip Ahoy	18:15:00	18:23:48	19:59:35	DNF	1:35:47	Did not cross line at start
	MYC27	Kryptonite	18:16:00	18:16:05	20:17:23	DNF	2:01:18	started twice 18:15:36
	1620	Gramarye	18:09:00	18:10:50	20:17:58	DNF	2:07:08	Did not cross line at start
	NH555	Esra Tew	18:00:00	18:00:15	20:16:42	DNF	2:16:27	
	4967	Beethoven	18:13:00	18:15:02	20:22:07	DNF	0.08825	
	MYC28	Kestrel II	18:00:00	18:00:46	DNF	DNF		

SUMMER SERIES 4

MYC Race Season 2011-2012 SS Start Sheet Race 4

Div	Sail No	Boat Name	Boat Type	Helm	Start Time	Start	Finish
1	6421	Pohono	Bavaria 41	M McCormick/A Williams	12:40:00	DNC	
1	7888	Manhattan	Oceanis 37	Stephen Coleman	12:48:00	DNC	
1	2306	Twilight Express	Adams 10	Xavier Decomps	12:55:00	DNF	
1	MYC100	Shear Magic	Adams 10	Steffens/Evans/Sullivan	12:55:00	DNF	
1	MYC7	Ten Sixty	Radford 10.6	Ian Green	13:00:00	13:02:22	15:13:04
1	MYC12	San Toy	Radford 12	Graham Radford	13:06:00	DNC	
1	6689	Copernicus	Radford 12	Greg&Leanne Zyner	13:06:00	DNC	
1C	MYC32	Esprit	Archambault 32	Greg Wilkins	13:07:00	DNC	
1	6776	Dances with Waves	Beneteau 40.7	Jim Thomas	13:16:00	13:16:21	15:13:45

Div	Sail No	Boat Name	Boat Type	Helm	Start Time	Start	Finish
2	MYC28	Kestrel II	H28	Jeff Lea	12:30:00	12:30:15	15:08:45
2	MYC27	Esra Tew	Northshore 27	Jackie Morgan	12:42:00	DNC	
2	79	Pompadi	Catalina 309	Steve Frith/John O'Brien	12:44:00	12:44:44	15:29:23
2	2035	Blue-E	Endeavour 24	Grant Iverson	12:44:00	DNC	
2C	1152	Bokarra	Santana 22	Colin Cameron	12:46:00	DNC	
2	MYC820	Good Intent	Clansman 30	Peter Bennell	12:48:00	DNC	
2	MYC6	Aida	S80	Bill Spence	12:54:00	DNF	
2	MYC33	Lautrec	Passage 33	Lee Ebeling	12:56:00	DNC	
2	6361	Czech Mate	Beneteau 36	Phil Dressler	12:58:00	DNF	
2	MYC5	Eos	Brittany Sloop	Brian Wilson	12:59:00	13:00:05	15:19:32
2	MYC34	Sip Ahoy	Northshore 340	Murray Bailes/Martin Nix	13:00:00	13:01:15	15:16:32
2	6295	Ratty Tooley	Northshore 340	Ian Dennewald	13:01:00	DNC	
2	1255	Melody	Swanson Dart	Ivana Gattagno	13:05:00	DNF	
2	NH1	Old Habits Never Die	Ritual 30	Brian Shilland	13:06:00	13:08:17	15:20:23

WHERE HAS SUMMER GONE?
A dozen brave boats ventured forth on Summer Series Race 4 – rebadged as the Ocean Care Day Race – on what has got to have been a most miserable day. San Toy stayed firmly tucked up in its berth as rain squalls and winds rushed across the harbour.



Congratulations to those who sailed.

I'm glad you all came back safely and in one piece.

Thank you so very much to the race committee.
Maz

International Day of the Disabled

Saturday 3rd Dec was the International Day of the Disabled, and proving that we focus on what people can do, sailors of various abilities took to the water with our experienced volunteers.

We were lucky to have the help of Greg Hyde, himself struck down with an aneurism fourteen years ago in the prime of his sailing career, on hand to coach aspiring sailors. Here he's seen giving some trimming tips to keen regular sailor Steve Davis from Forestville.

We concluded the morning with some practice races to prepare for our Christmas Regatta on Sat 17th December, where prizes will be donated by Bunnings, Warringah Mall.

Our annual Christmas Family Day is scheduled for Sat 10th Dec, where all our members are encouraged to bring family for the morning to see what we do, and go out on the water. It's a great opportunity to introduce siblings of our regular sailors to the sport, and the volunteers love to bring grand children for an outing in the dinghies, "Fergo" or "Charlie's Chariott."

Sunday 4th December was an MYC Summer Series Race

Day, though you wouldn't have known it by the cold, squally 35kt front that blasted up the harbour from the south. The Race Management Team included three Sailability members, and reflects the benefits of our integration policy.

Here's trusting that MYC and Manly Sailability continue to prosper over the Christmas period, and that the New Year brings great sailing weather.

We'll see you on the deck for the New Year's Eve firework display.
Jude

Greg and Steve





DIARY DATES

PLEASE CHECK THE DIARY ON OUR WEBSITE FOR ALL UPCOMING EVENTS WWW.MYC.ORG.AU

MYC CREW LINK

Request: Crew looking for boat
Name: Clive Evans
Email: clivemichaelevans@gmail.com
Phone: 0477 269628

Experience: I'm looking to crew twilight and Sunday racing. I've just moved to Manly from the UK. I've been sailing for 20 years in a variety of dinghies / sportsboats. Although a lot of my sailing has been dinghies I've experience racing Hunter 707's, Breeze 6.0 and SB3's and I'm keen to do some more 'bigger boat stuff'.
Give me a shout I'm looking forward to getting on the water!

Request: Crew looking for boat
Name: Ross Seeger
Email: rseeger11@mac.com
Phone: 0466002522

Experience: Mostly harbour sailing and some overnight sailing. Participated most recently in Hamilton Island Race Week. MYC member.

Request: Crew looking for boat
Name: Margaret Lewis
Email: lewisfamily2000@hotmail.com
Phone: 0406909438

Experience: I am visting my daughter for three months from the UK. I have had a great deal of experience crewing on boats between 24ft and 38 foot. I have not had racing experience but am willing to learn.

Request: Crew looking for boat
Name: Derek Lewis
Email: lewisderek@hotmail.co.uk
Phone: 0406909438

Experience: Visiting Australia for three months from UK, leaving end of February. Looking for crewing opportunities. Experienced skippering vessels 24 foot - 38 foot on flotilla holidays for a number of years. Limited race experience with HSBC sailing club.

Request: Crew looking for boat
Name: Michael kolat
Email: Michael.kolat@hotmail.com
Phone: 0400363012

Experience: New to sailing recently completed competent crew.

DID YOU KNOW?

The definition of Racing according to the YA Racing Rules of Sailing (the "blue book") is ...
"A boat is racing from her preparatory signal until she finishes and clears the finishing line and marks or retires, or until the race committee signals a general recall, postponement or abandonment."

"Yachting Australia prescribes that when handicap starts apply a boat's preparatory signal is deemed made four minutes before the boat's starting time."

WHAT DOES THIS MEAN?

See RRS 42 for the answer.

THERE WILL BE NO NEWSLETTER IN JANUARY SO PLEASE GET YOUR SUBMISSIONS READY BY FEBRUARY 10 2012
newsletter@myc.org.au

Have a very merry Christmas

If you are receiving a printed black and white copy of this newsletter and would rather receive an email in glorious technicolour please let us know at info@myc.org.au